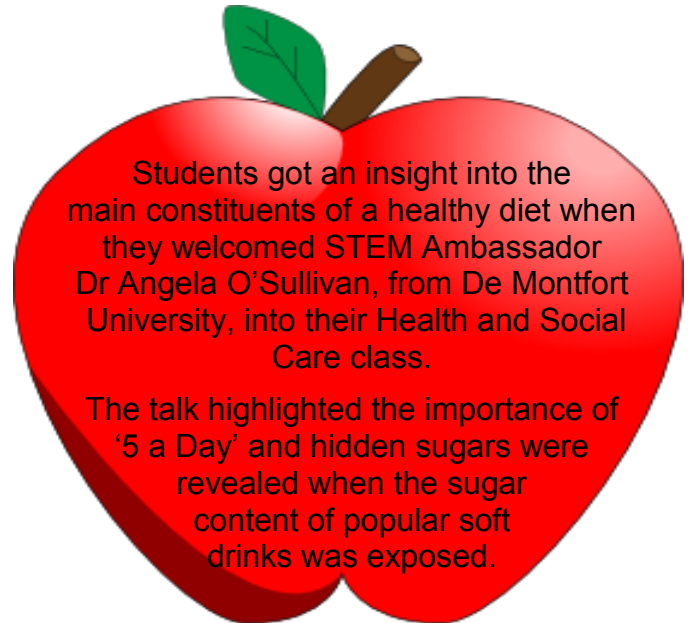


# Healthcare Science Week

November 2011

Students at Countesthorpe College have removed the mask on unhealthy drinks and uncovered the best way to get your '5 a Day'!



Students got to hear the terrible truths about what they feed their bodies everyday and what damage it can do.

"It was surprising! I didn't realise that some of the food I thought was healthy was actually really bad."

*Isabel Booth: Yr 11*

"The STEM Ambassador was really enthusiastic. I enjoyed seeing how many sugar cubes were in my drinks."

*Emily Shenton: Yr 11*

"The students were all shocked by the hidden sugars they consume every day and were excited by the sugar cube practical. It was very informative and will aid all of the students when it comes to discussing balanced diets in their controlled assessment work."

*Laura Smith, Teacher.*

"It made me realise how much bad stuff I eat and drink without even realising!"

*Leigha Taylor: Yr 11*

Healthcare Week brings professionals from a wide variety of organisations into schools to give talks and presentations that help to inspire and enthuse students about the possibilities of a career in this sector. In November 2011, 12 STEM Ambassadors gave over 20 talks in schools and colleges in Leicester and Leicestershire.

**For more information please contact:**

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